

# BUGLE





The best activities guide around!

**JUNE 2009** 



# CONGRATULATIONS CLASS OF 2009



Your What-To-Do Guide for Japan's Army Community ● Sagami Depot ● Kure ● SHA ● Torii Station ● Camp Zama

# Father's Day Brunch

Sunday, 21 June, CZCC Ballroom, 10 am - 2:30 pm Adults: \$15.95, Youths 4-12 Years: \$9.95, Youths 3 and Under: FREE

\$3 More at the door

### MENU

### Entrée

- Fish and Chips w/ Tartar Sauce
- Mini Crab Cake w/ Remoulad Sauce and Cajun Cream Sauce
  - Beef Bourguignonne
- Chicken Parmesan w/ Alfredo Sauce and Tomato Sauce
  - Linguine Pasta
    - Ravioli
  - Mashed Potatoes w/ Gravy
    - Vegetable of the Day
  - Assorted Rolls and Butter

### Carving Station

- London Broil w/ Mushroom Demiglaze
- Roasted Smoked Ham w/ Pineapple Sauce

### Breakfast

- Omelet Station
- Bacon, Sausage, Breakfast Potatoes
  - Creamed Beef and Biscuits
- Eggs Benedict w/ Hollandaise Sauce
- French Toast w/ Syrup and Fruit Topping
   Waffles w/ Whipped Cream

### Soup

- Boston Clam Chowder
- Chicken Sausage Gumbo

### Salad Bar

- Assorted Salad and Fruit

### Dessert

- Assorted Desserts and Chocolate Fondue

For more information, call 2 6 3 - 4 5 4 7





The U.S. Army Garrison, Japan (USAG-J), DMWR, Marketing Branch, produces the Zama Bugle. The Marketing Branch is located in Bldg. 102, B100 (Northeast Corner) South Camp Zama, Japan

Mention of corporate names in this publication does not imply endorsement by the U.S. Army or Federal Government of the United States.

DMWR strives to provide individuals with



disabilities reasonable accommodation, and are included in all

community recreation program planning, as appropriate for the activity. For further information, please contact the activity manager on accommodations.



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#### THIS MONTH'S COVER

Our June cover shows the graduating seniors of the Zama High School. There are 65 graduates, some who are entering the military, 4 year universities, 2 year universities, military academies and the world of work.

Scholarship Money will be reported at the Senior Awards Banquet held on 30 May. Commencement will be held at 2 pm at Harmony Hall.

Here are some examples of where our students will be studying: Middlebury College, University of Central Florida, North Carolina State University, University of Memphis, Brigham Young University-Hawaii, Savanna College of Art and Design, Arizona State University, San Diego City College, Angelo State University, Temple University Japan, University of Maryland, Southern Utah University, Flagler College, Michigan State University, Florida International University, Virginia Commonwealth University, University of Tampa, United States Air Force Academy, Baylor University, University of Mary Washington, University of Utah, Florida Community College, Front Range Community College, Bridgewater State College, San Jose' State University, Rochester Institute of Technology, Colorado State University. Our congratulations to the class of 2009... GANBATE!

Photo by Richard Rodgers, Zama High School PTS teacher.

# A

Emergency Leaves.
Primary funding
for travel to a
gateway city of
service members
and command
sponsored Family
members is handled
by the Military
Personnel Division.
AER assists with
travel from the
gateway to and from
the leave site.

# ■ Army Community Service • 263-8327

# RELOCATION READINESS, 263-HELP (4357)

• Medical Morning Briefing

Mandatory Training: 18 June, 8:30 am - 2 pm, Camp Zama Community Club (right wing). Health care professionals provide information about medical care and counseling services in Japan and the military community. Attendance is mandatory for military and civilian personnel to receive a permanent SOFA Status driver's license. Adult Family members may also attend. Free hourly child care is available for attendees. Please contact Zama CDC 263-4992 or SHA CDC 267-6564 for reservations.

### • Newcomers Train Class

**Part I**: 18 June, 6 - 8 pm, ACS Community Room, Bldg 402. This class will teach you how to read the signs in the stations, buy train tickets and more.

Part II: 20 June, 9 am - 4:30 pm, Gate 4, Camp Zama. Join us as we practice how to travel by train and subway. Children and Family members are welcome; bring about ¥1,400 per person for transportation expenses and extra yen for shopping.

• Shopping on the Economy

19 June, 9:45 am - 12:30 pm, Gate 4, Camp Zama. Join our Japanese volunteers as they take you on a guided tour to a local supermarket, then on to the five story 100 Yen Shop in Machida. Bring ¥400 for transportation and extra yen for shopping. Children are welcome.

### MOBILIZATION AND DE-PLOYMENT PROGRAMS, 263-HELP (4357)

Please phon 263-8091 to schedule your unit pre-deployment readiness training, reunion briefing, Family readiness group training, and unit rear detachment commanders training. Free child care is provided by CYS during official FRG functions (advance coordination is required).

# • Pre-deployment and Operation R.E.A.D.Y. Training, 263-HELP (4357)

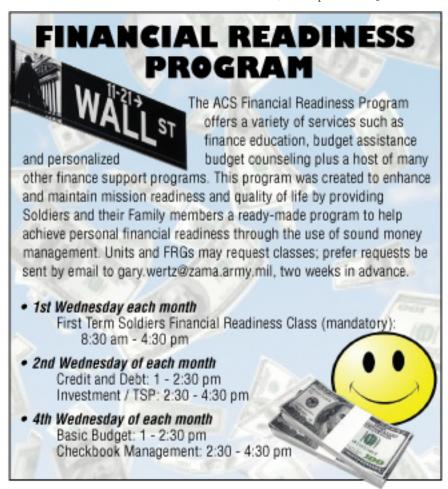
This training is designed to help all deploying Soldiers, DoD civilians and their Families prepare for a less stressful and more successful deployment held the 2nd Thursday of each month from 3 - 4 pm in the ACS Community Room.

### • Deployed Spouse Program, 263-HELP (4357)

If your spouse is deployed, then ACS is looking for you! Please visit us to learn more about our Deployed Spouse Program and sign up for your membership card; this card will provide discounts throughout various MWR facilities.

### FAMILY ADVOCACY PRO-GRAM, 263-HELP (4357)

The Family Advocacy Program provides services that support military Families. The programs are designed to prevent Family violence and sexual assault. If you, your unit, or organization would like to schedule



a class, workshop or seminar on topics such as spouse and child abuse prevention, reporting and referral procedures, safety education, Family life enhancement, stress management, survival tips for parents, etc., contact the Family Advocacy Program Manager at 263-8327.

The Reporting Point of Contact (RPOC) for suspected child abuse and spouse abuse is the Military Police at 263-3002. Reports of domestic violence may be made on a restricted basis only to the following designated personnel: military health care providers, Family Advocacy clinical social workers at Behavioral Health Services at 263-4610, the Family Advocacy Program Manager (FAPM) at 263-8327 and the Victim Advocate at 263-4853. Information provided in restricted reports will not be disclosed automatically to command or law enforcement. Access to medical care, forensic examination, advocacy, intervention and support will be provided. For additional information about domestic violence restricted and unrestricted reporting.

# New Parent Support Program

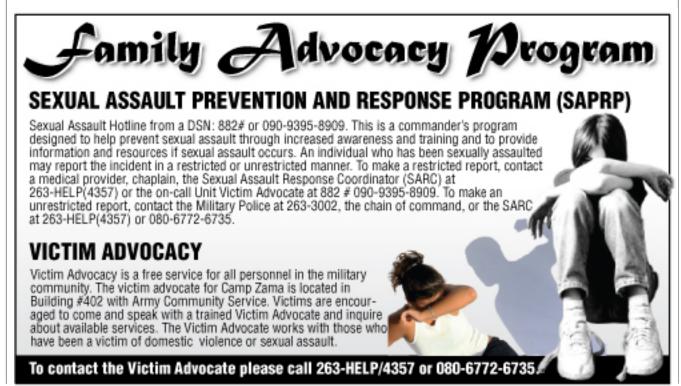
The NPSP, a division of the Family Advocacy Program, specializes in assisting and offering services to new and expecting parents.

- Play Morning is an interactive play group for parents and children aged birth to 6 years. Held Tuesdays, 9:30 - 11 am at Zama Chapel, Bldg 502, and every 2nd, 3rd, and 4th Thursday, 9:30 - 11 am, at SHA CDC.
- Breast Feeding Support Group for breast feeding is held the 4 June, 9:30 10:30 am at ACS and 15 June, 9:30 10:30 am at SHA CDC.
- NPSP Workshop, 8 June, 12:30 1 pm at ACS "Baby Signs" this workshop will be taught by Trish
  Overly from EDIS.
- Prepared Childbirth Class will be offered on 11 June, 3 7 pm at ACS. Patrons must pre-register by 8 June with ACS at 263-4572. This class will be taught by MEDDAC OB Nurse.
- Baby Love Seminar, 16 June at Zama Chapel Play Morning, "Potty Training" and this workshop will be offered again on 25 June at SHA CDC.
- Baby Bundles information and supplies for new and expecting parents, and electric breast pumps are available by calling NPSP 263-8327 or stop by ACS Bldg 402.

### EXCEPTIONAL FAM-ILY MEMBER PROGRAM, 263-HELP (4357)

The Camp Zama Exceptional Family Member Program (EFMP) is a mandatory enrollment program for active duty Soldiers with Family members with special needs. It is important for spouses to enroll their Family members to ensure their Family members receive the best possible care at their

existing and future duty assignments. If you are currently enrolled in EFMP keep in mind your file must be reviewed every 3 years or upon a change in condition of the Family member, which ever comes first. Soldiers just arriving at Camp Zama and the sponsor of an Exceptional Family Member must in-process with the EFMP Coordinator. Come out and network with other parents



# ■ Army Community Service • 263-8327

when you join the EFMP Parent Support Group which meets every 3rd Tuesday of each month at ACS from noon - 1 pm. This month's EFMP workshop will be "Autism With a Perspective From a Parent's View", presented by DeAnn Saari. It will be on 2 June from 12:30 pm - 1 pm at ACS. For more information, call 263-4572.

# ARMYVOLUNTEER CORPS (AVC)

Would you like to learn new skills, meet new people and explore new career fields? Would you like to make a difference? Then you may want to enter the exciting world of volunteerism. To become a Camp Zama volunteer contact your Army Volunteer Corps Coordinator

### • Army Family Team Building (AFTB) 263-HELP (4357)

Did you know that you could earn promotion points from AFTB? If you are a young Soldier SGT or below and need promotion points, AFTB is a good source and a great tool that you will be able to use throughout your military career. For more information, go to www.myarmyonesource.com or call the AFTB Program Manager at 263-8087.

# Army Family Action Plan (AFAP), 263-HELP (4357)

"AFAP is a year round process"! To submit an AFAP issue, log onto http://www.mwrjapan.jp.pac.army. mil/ and click on "Submit an AFAP Community Idea/Concern". Issues can be submitted anonymously and will be sent directly to the AFAP Program Manager.

### INFORMATION AND RE-FERRAL, 263-HELP (4357)

I and R provides maps, directions and tourist information for the local area and for most military installations throughout Japan, as well as resource information on public, private, and voluntary agencies at Camp Zama. Resource information can also be accessed using CAC readers at

https://intranet.zama.army.mil. After 4:30 pm and on weekends, maps and directions can also be found on www.mwrjapan.jp.pac.army.mil under "Army Community Service". Other services include: confidential client intakes, crisis intervention, referral to other programs, assistance for Japanese school enrollment and teaching English in Japan.

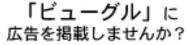
- English as a Second Language Class (ESL): Every Wednesday, 1 2:30 pm, all levels. No pre-registration required. ACS Bldg 402.
- Knitting and Crocheting Class: ALL CLASSES ARE CANCELLED ON JUNE..
- Adult Japanese Class:

Every Wednesday, 10 - 11 am, intermediate; 11 - noon, beginner. No pre-registration required. ACS Bldg 402.

• Children's Japanese Classes:

Every Monday, 10:30 am - 11:15 am and 11:15 am - noon, ACS Bldg 402. No pre-registration required.

ALL CLASSES ARE CANCELLED ON U.S. HOLIDAYS.



「ビューグル」は、キャンプ産間・MWR マーケテイング部が発行する月刊誌で す。毎月初め3,500部の「ビューグル」 が、産間基地、相模原住宅、相模デボ、模 田基地、横須賀基地、厚木基地、及び山 王ホテル、赤坂プレスセンター、アメリカ 大使館、根岸住宅等の施設に配布され ております。

広告主様より掲載後お客様が増えたと 遠しい報告を受けております。私共の広 告掲載料金は他のメディアより安く設定 されておりますので、限られた予算の中 で大きな効果を上げられると信じており ます。皆様もこの機会に是非「ビューグ ル」への広告掲載をご検討なさってはい かがですか。

詳しいお問い合わせ・ご相談は、MWR マーケテイング部までお願い致します。 (日本語、英語どちらでも可) (平日 8:00~16:00)

\* チーフ、リチャード ハーン 046-407-4721 (直通) richard.haun@us.army.mil

\* スタッフ 046-407-8994 (直通)



■ Paid Advertisements • 263-8994

# ■ Child, Youth and School Services

• 263-4500 www.zamayouthcenter.org

### The summer hours of operation for the Zama Youth Center are:

Monday - T	hι	Jrs	sd	ay	y							1200 - 2000
Friday												1200 - 2200
Saturday												1300 - 2200
Sunday and												

### YOUTH CENTER

### • Block Party

11 June. It's time to put the books away and come celebrate the end of another school year at the Zama Youth Center "Block Party". The celebration will run from noon - 4 pm. We will provide free food, music, and lots of prizes. Buses will be provided to SHA and Atsugi at 4:30 pm and 7 pm. Please call 263-4500 for more information.

### • Zama Youth Book of Records

18 June. Want to see your name in the Zama Youth Book of Records? Well, come join us at the Zama Youth Center to see if you have what it takes to set a new record in free throws, hula hoop spins, or the Wii home runs. This monthly event is open to anyone in grades 6 - 12.

### • Parent Advisory Committee Meeting (PAC)

16 June. Our monthly PAC Meeting for the Zama Youth Center will begin at 5:30 pm. We believe parents play an essential role and we value your input regarding current youth

center programs and establishing or changing youth center procedures.

### • Fujikyu Highlands

17 June, 7 am - 7 pm. If you pay:

by 10 June: Cost is \$40 after 10 June: Cost is \$50

Love roller coasters? Check out Eejanaika, the world's second "4D" coaster and nearly 250 feet tall, and 3,780 feet long; Fujiyama, which held the tallest and longest roller coaster record from 1996 - 2000 and the tallest drops from 1996 - 1997; Dodonpa, which held the record for the fastest roller coaster from 2001 -2003, and lots more! Love haunted houses? Check out the world's longest Haunted House at Fujikyu! It's about 40 minutes long! http:// www.fujikyu.co.jp/fuji-q/

#### • Muscle Park

19 June, 9 am - 6 pm. If you pay:

by 12 June: Cost is \$40 after 12 June: Cost is \$50

\*Muscle Park: a place where everyone can have fun playing



SHA Narita Bus Stop to Youth Center.

For more information, phone 263-4500.

et the Camp

Zama Youth Center staff know if you need any help preparing for the upcoming exams. The youth center

staff is committed to helping

every youths do well on the

upcoming exams. If you or

someone you know needs

and we will set up an

help, contact us at 263-4500



There are only four Disneyland parks in the world and one of them is here in Japan! Sign up now to join the youth center staff on their trip to the magical world of Disney. You can take a trip to Fantasyland, a land of enchantment; Toon Town, a town bursting with color and cartoon verve; Tomorrow Land, a light-hearted combination of science and imagination; Adventure Land, the lazy bayous of the Caribbean; Western Land, take a ride on Thunder Mountain; Critter Country, along the bands of the Rivers of America and on the slopes of Splash Mountain; and the World Bazaar, a world of shopping.

sports. Muscle Park challenges people physically to measure their speed, balance, endurance, mental agility and physical coordination. With eleven different parks, there is something for everyone! Location Odaiba: http://www.musclepark.jp/park\_en/index.html

### Canyoning

26 June, 6 am - 8 pm.

If you pay:

by 17 June: Cost is \$80 after 17 June: Cost is \$90

Sign up for this refreshing, outdoor adventure! Here you will be riding the rivers in a wet suit, gliding your way down steep canyons by rapelling and jumping off waterfalls, cascading down natural chutes and swimming through crystal clear pools. This trip is for ages 13 and older. http://www.canyons.jp

# • *Skills for Life Program* Every Monday at 2 pm:

- \* Sun Safety: 1 June
- \* Public Speaking: 8 June
- \* Cooking Rice: 15 June
- \* What's Ripe: 22 June
- \* Finding Scholarships: 29 June

### **COMPUTER LAB**

• Tech Skill Builder Mondays

Are you interested in technology or

just looking to improve your computer skills? Well, come join the Youth Center's Tech Skill Builder sessions every Monday in June. Come learn to use Microsoft Office, improve your knowledge of the internet or learn to troubleshoot common computer problems. For more details, check out the calendar on our website www.zamayouthcenter.org.

#### • Scratch

Do you spend your free time on websites like AddictingGames.com? Well, on 25 June, the Zama Youth Center's Tech Lab will show you how to create your own games just like the ones you find online. Come join this hands-on experience and learn the basics of animation. The Scratch program teaches you everything you need to know from creating simple animations to complex games. Bring your friends and have fun creating your own original games.

### • Blender

Have you ever wondered how some of your favorite movies like Shrek and Wall-E were made? Well, on 26 June, the Zama Youth Center's Tech Lab will have 3D Graphic Design and Animation Program so you can create movies like the pros. The

program "Blender" is a free program that helps you create 3D animation. Come by and give it a try.

### Music Making

Have you ever wanted to make your own music or mix your own beats? Well, learn to compete with the pros by learning to use Sony's Acid Pro. You can take sound clips and mesh them together to design your own original piece. By combining just a few simple beats you can create your own rhythm to dance to. Come check it out at the Zama Youth Center's Tech Lab on 11 June, 3 pm.

### • Zama Teen News (ZTN)

Are you a future face of CNN or do you want to be a part of the behind the scenes action like scriptwriting and camera operating? Well, whatever your interest, the youth center offers you a way to be a part of your very own news show. Members in grades 6 - 12 can come learn how to film, edit and produce their own news show to be shown on the youth center website and the MWR TV channel. We are looking for anchors, reporters, camera persons, editors, and producers. ZTN meets every Tuesday, 3 pm. Youths may join at any time. Contact Mr. Sheahan at 263-8573 for more information.



outh Sports and Fitness is always in need of qualified officials, if you are interested in officiating games for youth sports, please contact us at 263-5437.

### ■ Youth Sports and Fitness • 263-5437/4066

### **VOLUNTEER COACHES**

Youth Sports and Fitness is looking for volunteers to help coach youth sports. If you are interested, please contact us at 263-5437 or go to our web site and down load a coach's application at www.zamayouth-sports.org; once your application is accepted, you will need to attend a coach's class to be certified to coach in our program.

### **REMARKS**

Summer is a great time to come out and enjoy sporting activities. If there is a sport you like to play and is not on our list, drop us a line and let us know what it is; if we can find enough participants we will try to offer it as a regualr sport. Go to our website and take a look at our calendar www.zamayouthsports.org.

# Schedule for June

### Baseball

Baseball, softball and tee ball games ~ Week days and Saturdays until 6 June.

# Double Dutch

Youth Sports and Fitness is looking for a group of active youths to try our first ever Double Dutch program. Double Dutch is played with

jump ropes and youth jump to music. Double Dutch will be held twice a week and separated by age groups.



Registration dates are until 12 June. Games are 27 June ~ 1 August. Age groups are 12-15 and 16-18. \*Age groups may change due to sign ups.

### Summer Soccer

YSF will hold small sided soccer this summer. The age groups are: 5-6 • 7-8 • 9-10 • 11-12 • 13-15 • Girls 9-11 and 12-15. \*Age groups may vary depending on sign ups. Small

Sided Soccer means that we will play on small fields with 6 players on the field. It's also designed so that more players have a chance to be involved in the game. All games will be played Friday nights. Registration dates until 12 June. Games 26 June - 31 July.

### Fall Soccer

Fall soccer registration starts 1 June - 14 August. The season starts 5 September.

### Girls Summer Volleyball

YSF is looking for volleyball players to form a

### summer league. Registration dates end 12 June. Games is June - August.

YSF would like to form a tennis club for ages 12 - 18. Practices will be twice a week with matches toward the end of the season (6 week program). Sign ups are 1 - 26 June. \*Practices start the last week of June.

### Start Smart

For children ages 3 - 4. This program is designed so that parents can work with their children to develop and correct skills to play sports. This is a coach lead program where parents and children work at different stations each week and practice the basic fundamentals of sports like baseball, basketball, football, general sports and golf. Registrations are until 24 June; practices are every Thursday, 25 June - 30 July.





# ■ School Age Services • 267-6013

### SAS SUMMER CAMP and PRE-TEENS CAMP 2009 15 June - 28 August



SAS summer camp is the place to be. We offer outdoor fun activities, great high adventure field trips, and many more activities. Come join School Age Services unique summer camp, "If it's fun we'll do it".

More detailed information, please see page 17 and 18.

# SAS BEFORE AND AFTER SCHOOL PROGRAM

Are you looking for a place where your children can join other children in a fun learning environment? Come join School Age Services "Before and After School" program.

### **REGISTRATION**

To register your child, or for more information, please stop by the CYS Central Enrollment Registry Office in Bldg 533 at Camp Zama, or call 263-4125 or SAS at 267-6013.

### PARENT'S ADVISORY COUNCIL (PAC) MEETING

During the months of June, July and August the SAS Parent Advisory Council meeting will not meet but will resume in September. Parents, this is a great opportunity for you to provide input, answer questions and share your concerns. We meet every third Wednesday each month in Bldg 337, 5 pm. The next Parent Advisory Meeting is scheduled for 16 September.

### OPEN RECREATION PROGRAM HOURS

During the summer months "Open Recreation" is closed.

Monday - Friday: 3 - 6 pm Saturday: 1 - 6 pm (2nd and 4th of the month).

# SAS OPEN RECREATION INFORMATION

Open Recreation will resume in September.

- Youths are limited to ten hours of open recreation per month. Each youth must have an "Open Recreation" card to participate and must be registered with CYS.
- CYS Open Recreation cards are available through the CYS Central Enrollment Registry Office, Bldg 533. Each card is issued for a specific month.
- For more information, please call 267-6013 or 263-4743/4125/3397.

# **SAS JUNE EVENTS**

### June Character Counts: FAIRNESS

. Friday, 12 June - - - No school day

0900 - 1700 - - BBQ (end of school celebration

4H Clubs recognition)

1030 - 1700 Individual Parent Summer Camp

Orientation

1830 - 1930 - - Group parent orientation

### SAS Program Hours

Regular

Monday - Friday

0630 - 0830 and 1500 - 1800

Early Care

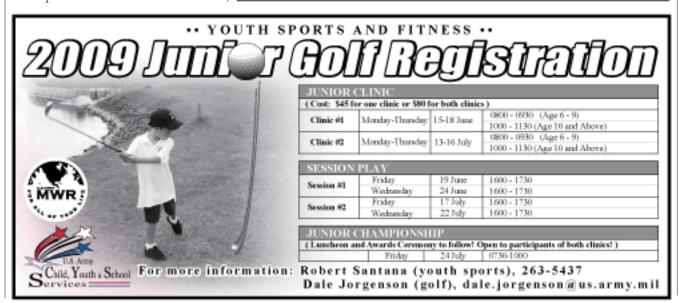
Monday - Friday

0530 - 0630

Half Day School No School Day 0530 - 0830 and 1200 - 1800

n

0630 - 1800



10

■ Paid Advertisements • 263-8994

### ■ Child Development Center • 267-6564

### ZAMA CHILD DEVELOPMENT CENTER

• June Field Trips (Library / Bowling)

16, 23 and 30 June, 9 - 11 am.

- *PAC Meeting* 17 June, 4 5 pm.
- Culture Exchange / Field Day
  Zama DFAC Field, 18 June, 10 am
   2 pm.
- Green Wave Park (Asamizodai) 10 am - 2 pm.

For more information, please phone Miki Nihipali at 263-8081.

### SHA CHILD DEVELOPMENT CENTER

- Chocolate Ice Cream Day Friday, 5 June
- PAC Meeting Thursday, 11 June, 4 pm.
- Summer Camp for Kindergarten Children

Monday, 15 June (tentative start day).

• Flag Day and Army Birthday Celebration

Monday - Friday, 15 - 19 June.

- \* Tuesday, 16 June Field Day (celebrate our military).
- \* Wednesday, 17 June Cooking project (American Flag Cake).
- \* Thursday, 18 June Story Time (10 am) and sing "happy birthday" to the Army.
- \* Father's Day luncheon.
- Culture Exchange / Field Day

Zama DFAC Field, 18 June, 10 am - 2 pm.

For more information, please phone Julia Sektnan at 267-6348.





"See the Bugle for the advertisement".

Paid Advertisements

# eminder: If you hit a ball over the net please notify the starter.

### HOLE #5 UPDATE

Hole #5 is playing as a par 3 until the issue of golf balls going across the road is resolved. We will let you know when we are able to reopen hole #5 to play as a par 5. Your consideration and cooperation are appreciated.

# Camp Zama Golf Club • 263-3694 http://www.usarj.army.mil/information/mwr/business/golf/

### Tournament Schedule for 2009

2 Person Best Ball - - - - - 13 June (0630, shotgun start) Individual Stroke Play - - - - 11 July and 22 August

Club Championship - - - - 12 - 13 September

Zama Open - - - - - - - 17 - 18 October

### TOMODACHI DAYS ARE **AS FOLLOWS:**

5 June - Friday

15 June - Monday

19 June - Friday

26 June - Friday

Your Japanese guests (max 3 guest per person) can play with you for the low fee of ¥5,000 plus cart. This is a significant savings over the regular rate of ¥11,000. Check with starters for available tee times.

### **TRADE-INS**

You can trade-in your old clubs for "instant" credit towards the purchase of new clubs. Find out how much your clubs are worth at http://valueguide.pga.com/

### NICHIBEI FRIENDSHIP **TOURNAMENT**

Wednesday, 17 June, shotgun start at 9:30 am. Contact Ernie Harada at 263-4225 to sign up. Cost is \$25 for SOFA status golfers plus green fees for nonmembers.

### PAYDAY SCRAMBLE (FREE)

Wednesday, 3 July, shotgun start at 9:30 am. FREE! MWR is paying the \$15 entry fee and green fees for nonmembers. MLC/IHA pay ¥5,000 and JGSDF pay ¥3,000. Limited to personnel assigned to USARI, supporting and tenant units and their Family members. Sign up on-line at http://www.mwrjapan.army.mil/ business/golf/



### LUNCH

### **Mondays**

- 1 Pancit, Fried Rice, Lumpia combo
- Sweet and Sour Chicken
- 15 Chicken Apritada
- 22 Beef and Broccoli
- 29 BBQ Pork Skewer

### **Tuesdays**

- 2 Pork BBQ Sandwich
- Bacon Wrapped Pork Loin
- 16 Chicken Po Boys
- 23 Roast Beef w/Au jus

### **LUNCH**

30 Fish Po Boys

### Wednesdays

- 3 Roasted Chicken
- 10 Fried Chicken
- 17 BBQ Chicken
- 24 Spicy Baked Chicken

### Thursdays

- 4 Beef Taco Salad
- 11 Texas Steak w/Salsa Sauce
- 18 Chicken Enchilada
- 25 Beef Fajita

Fridays (5, 12,19 and 26 June)

### LUNCH

- Fried Cod Fish and Shrimp
- Choice of Starch
- Side of Coleslaw or Vegetable of the Day

**Saturdays** (6, 13, 20 and 27 no Daily Lunch Special)

### Sundays

- 7 Pork Cutlet w/Curry
- 14 Hashed Beef w/Turmeric Rice
- 21 Lasagna
- 28 Italian Hamburger Steak w/ Tomato Sauce



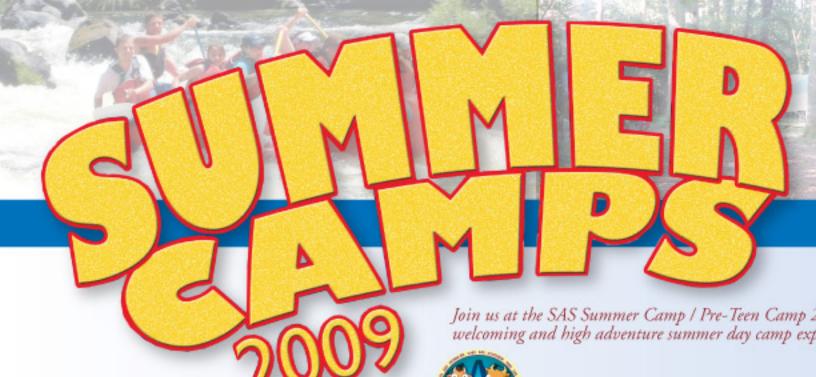




■ Paid Advertisements • 263-8994







Camp Highlights: The SAS Summer Camp / Pre-Teen Camp program is unique in that it provides each child with a broad range of experiences including arts and crafts, sports and fitness, swimming, theater, team building, skits, field trips and a finale overnight camp. Our program has the support and partnership with many MWR programs such as the Yano Fitness Center, SHA Pool, Commercial Sponsorship, Marketing and the Zama Bowling Center. The activities will allow children to discover new things and have fun during their out of school time.

Lots of Choices: SAS Camp/Pre-Teen campers will enjoy a safe, supervised and fun-filled environment. The summer program will begin 15 June and continue through 28 August. There will be 10 field trips to Tokyo Disneyland and DisneySea, Enoshima Aquarium, Tama Zoo, Kagaku Jiujutsu Science Museum and many other destinations throughout the Kanto Plain.

Meals and Snacks: Field trips are paid for with your registration fees. Many, but not all, include lunch. A field trip schedule will be provided with details.

Registration: Pick up a complete Summer Camp Registration Package at the CYS Central Enrollment Registry Office located in Bldg 533 on Camp Zama. Registration began 1 May. The registration fee must be paid in full the Wednesday prior to the first day of the camp week.

0530 - 0730	Early care at SAS Bldg, SHA 337 and Zama Youth Center
	(For dual / single militay Families only)
0800 - 0830	Transport / Transition kids from Zama Early Care at 0800
0830	Pre-Teen Camp and Summer Camp start
0830 - 0900	Opening Activities: Skits, songs, etc.
0900 - 1145	Camp Adventure (CA) daily activities / Bowling

SAS Summer (Ca

				d P
SAS Sum	mer Camp Field Trips (Tuesa	lay and	d Thu	rsday, 08.
	î.	_	part	Retur
Week 1	Kasai Rinkai Koen Aquarium	SHA	0830	SHA 16
	Yokohama Science Museum	SHA	0830	SHA 16
Week 2	Mt. Fuji 5 - 6 level climb	SHA	0830	SHA 16
	Green Wave Park / 100 Yen Store	SHA	0930	SHA 16
Week 3	Disneyland	SHA	0800	SHA 18
	Hiratsuka Sogo Park	SHA	0830	SHA 16
Week 4	Yokohama Sea Paradise	SHA	0830	SHA 16
	Isehara Science Museum	SHA	0830	SHA 16
Week 5	Children's Land	SHA	0830	SHA 16
	Fujikyu Highland	Zama	0800	SHA 16
Week 6	DisneySea	SHA	0800	SHA 18
	Overnight Camp I	SHA	0930	SHA 16
Week 7	Kagaku Gijitsu-Kan	SHA	0830	SHA 16
	Tama Zoo	SHA	0830	SHA 16
Week 8	Yomiuri Land	SHA	0830	SHA 16
	Hiratsuka Sogo Park	Zama	0830	SHA 16
Week 9	Shonandai Cultural Center	SHA	0830	SHA 16
	Aburatsubo Marine Park	SHA	0900	SHA 16
Week 10	Enoshima Aquarium	SHA	0830	SHA 16
	Koryo Park	SHA	0930	SHA 16
Week 11	Hakone Kowakein Yunessun	SHA	0800	SHA 16
	Koryo Park	SHA	0930	SHA 16

Drop off time may change depending on time of departure.



# "If it's fun we'll do it"

# 15 June - 28 August

2009, and we challenge you to have fun. The SAS Summer Camp 2009 program is committed to providing a perience for children ages 6 - 12.

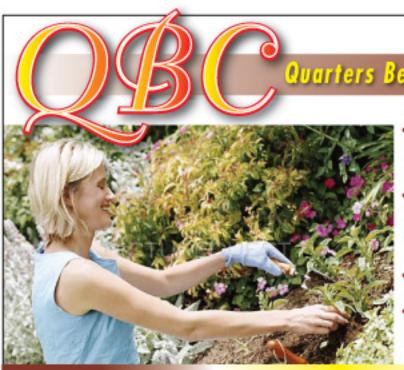
# mp I) and Pre-Teen (Camp II) Schedule



	1145	Walk to Arnn Elementary School to prepare for lunch
60	1200 - 1245	Lunch
to SHA	1300 - 1600	Swimming / Camp Adventure Activities / Water Play Activities (Camp I)
The state of the s	1600 - 1630	Snacks
	1630 - 1645	Closing activities: Skits, songs, interactive games
	1645 - 1730	Transport children to Zama / SHA for pick up

30	- 1630)
4	
530	
630	
630	
630	
800	
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630	
800	
630	(next day)
530	
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530	
630	
530	
630	

SAS Pre-	Teens (Monday, Wednesday, Friday	y, 0830 -	1630)	
		Depa		Return
Week 1	Mt. Fuji Climb /	SHA	0800	SHA 1600
	Toshimaen / Enoshima	SHA	0900	SHA 1630
Week 2	Shinagawa Aquarium / 100 Yen Store /	SHA	0930	SHA 1630
	Hiratsuka Sogo Park	SHA	0930	SHA 1630
Week 3	Fujikyu Highland /	SHA	0800	SHA 1630
	Green Wave Park / Big Bang	SHA	0930	SHA 1630
Week 4	Disneyland (0800) / Koryo Park, Stone	SHA	0800	SHA 1630
	Magic (0930) / Tama Tech (0900)	SHA 093	0/0900	SHA 1630
Week 5		SHA		SHA 1400 (16, 17 July)
	Camp Adventure Activities (CA)	SHA		SHA 1630 Monday, Wednesday
Week 6	Yokohama Sea Paradise /	SHA	0900	SHA 1630
	Ogino Undo Koen / CA Activities	SHA	0930	SHA 1630
Week 7	Yomiuri Land / Mt. Fuji Climb	SHA	0800	SHA 1630
	100 Yen Store	SHA	0930	SHA 1630
Week 8	Tokyo Joypolis / Yokohama Science	SHA	0830	SHA 1630
	Museum / Kasai Rinkai	SHA	0830	SHA 1630
Week 9	DisneySea / Isehara Science Museum /	SHA	0800	SHA 1630
	Camp Adventure Activities (CA)	SHA	0830	SHA 1630
Week 10	Tama Tech (0830) / Kagaku Gijitsu	SHA	0830	SHA 1630
	Museum (0900) / Abratsubo Marin Park	SHA	0900	SHA 1630 Friday, 22 August
Week 11	Hakone Kowakein Yunessun	SHA		SHA 1630 Tuesday
	Koryo Park	SHA	0930	SHA 1630 Thursday
	ime may change depending on time of de ng point for field trips is the game room a		lg 337 (	

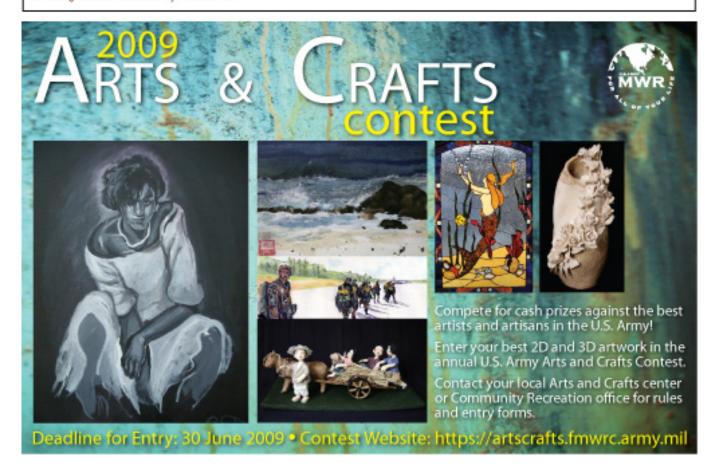


# Quarters Beautification Competition

- Judging for the Quarters Beautification Competition (QBC) for June will be conducted during the period 1 - 11 June at the Zama, Depot and Sagamihara Housing Areas.
- June is the second month of five consecutive months to determine those outstanding homes with an appealing, eye-catching exterior appearance, and one that may get you recognized for a 1st, 2nd or 3rd place.
- AWARDS WILL BE PRESENTED ON SITE IN EACH OF THE THREE AREAS ON 19 JUNE.
- For additional information, please contact your community mayor or Army Community Service (ACS) at 263-8087.

MWR COMMERCIAL SPONSORSHIP and the Army Community Service staff

appreciate the support of the USA FEDERAL CREDIT UNION and the CAMP ZAMA EXCHANGE to recognize our community members.



■ Paid Advertisements • 263-8994

verv Tuesdav Night is Family Night Special from 5 - 9 pm. Any two meals for \$15. Theme menu includes American, Chinese, Japanese, Korean, Mexican and Italian (menu will change every week). Included w/ soup and tossed green salad, hot vegetable of the day and your choice of baked potato, rice, or mashed potato. Modified menu will be offered. Sorry, no take out.

# ■ Camp Zama Community Club

• 263-4547

### **FIRELITE LOUNGE**

### • Hip Hop Music w/DJ

On Friday Night, 5, 12, 19, and 26 June, "Hip Hop music w/DJ" in the Firelight playing your favorite Hip Hop artist songs from 10 pm - 3 am.

### • Country Music with DJ

On Saturday night, 6 and 13 June, 8 pm - 2:30 am in the Firelite Lounge, hear your favorite country artist songs. On the 2nd and 4th Wednesday, enjoy free line dance instruction from 8 - 9:30 pm.

### • Old School Night

Saturday, 20 June, 8 pm - 1 am, playing your favorite 60's, 70's, 80's and 90's artist songs.

### • Latino Night

Saturday, 27 June, 8 pm - 2:30 am in the Firelite. Dance to the sounds of Latino music from the best Latino DJ's in Japan.

### LUNCH

Sunday Brunch (10 am - 1:30 pm):

Adults: \$12.95

Youths 8 - 12: \$6.95

Youths 4 - 7: \$3.95

3 and under: Free

21 Father's Day Brunch

**Tuesday:** (Rotisserie Chicken, Katsu Don and vegetable of the day)

- 2 Turkey A la King
- 9 Chicken Cacciatore
- 16 Hawaiian Chicken
- 23 Beef Croquettes
- 30 Veal Parmesan

Wednesday: (Rotisserie Chicken, Chicken Don and vegetable of the day)

- 3 Sauteed Pork w/Miso Cream Sauce
- 10 Pork Adobo
- 17 Stuffed Pork Chop
- 24 Pork Kushikatsu

**Thursday**: (Rotisserie Chicken and vegetable of the day)

- 4 Fried Chicken w/Vinegar Soy Sauce
  - Pasta Japanese Kinoko
- 11 Stuffed Cabbage Rolls w/Cream Sauce
  - Spaghetti Napolitano
- 18 Chicken Diablo
  - Spaghetti w/Meat Sauce
- 25 Pork Green Pepper w/Potatoes
  - Linguine

# STARBUCKS COFFEE Iblied Medical Security

Cafe Roberto is proudly serving Starbucks coffee all day. Enjoy sandwiches, salads, nachos, pizza and desserts with Family or friends. No food served after 10 pm.

# PuzzLeNiGht

Games include Crossword, Sudoku and others

Tuesday, 9 & 23 June, 5-7 pm, CZCC Café Roberto

# <u>WIN CASH PRIZES!</u>



For more information, call CZCC 263-4547



### LUNCH

w/Clam CreamSauce Friday "Lunch Buffet" (soup and vegetable of the day, \$6.95)

- 5 Sweet Sour Pork
  - Spicy Chicken and Vegetables
  - Fried Rice / White Rice
- 12 Baked Meat Loaf
  - Southern Fried Chicken
  - Mashed Potatoes w/Gravy
- 19 Huli Huli Chicken
  - Petty Pork Cutlet w/Curry
  - White Rice
- 26 Chicken Enchiladas
  - Beef Tacos
  - Mexican Rice / Corn
  - Burritos

Saturday (No Lunch)



### **DINNER MENU**

Sunday (limited menu) 5 - 9 pm "One Steak for \$10" (no take out)

Includes soup and tossed green salad, hot vegetable of the day and your choice of baked potato, rice, or mashed potato. Modified menu will be offered on Sunday nights.

Monday - Closed

**Tuesday** (5 - 9 pm)

2 meals for \$15 and limited menu. Menu will change every week.

Wednesday (5 - 9 pm)

- Mongolian BBQ (\$0.75 oz)
- Limited menu

Thursday (5 - 9 pm)

• "All You Can Eat Pasta, Pizza, Soup and Salad Bar" (no take out) Adult: \$10.95

Youth 4 - 12: \$5.95

• limited menu

### **DINNER MENU**

### Friday "Chef's Special"

Regular Menu (5 - 9 pm) **Saturday** (regular menu 5 - 9 pm)

- Prime Rib Dinner
- Prime Rib and Shrimp Scampi
- 13 Texas Hold'em
- 19 Community Night
- 20 Wine Social

Our regular menu will be offered in addition to the above specials on Saturday night.





# BINGO NIGHT!!!

Early Bird Game at 6:45 pm, Regular Game Starts at 7 pm Thursday Card Sale at 6 pm

NEW POWER BINGO HANDSET - Simply press in the number called and then press the ENTER button. The handset will automatically daub all of your cards.

BINGO PACKET & HANDSET - \$28 (have all games except Early Bird & U-Pick-Em

Target Bingo \$1,000! - Bingo within 54#

Up & Down Jackpot \$3,000! - Starting at 46 numbers and every 3 weeks will go up 1 number and go down \$100

Progress SR Jackpot \$5,000! - Starting at 46 numbers and every 3 weeks will go up 1 number



FOR MORE INFORMATION, CALL 263-4547

■ Paid Advertisements • 263-8994

### ■ Zama Bowling Center • 263-4780

### THIS MONTH'S SCHEDULE

### • Flip a Coin Day

Monday, 1 June, 1 - 10 pm. Flip a coin for the price of a game or for a discounted fee.

- *King of the Hill Tournament* Sunday, 7 June, 11 am 6 pm.
- Crown Jewel Tournament

Saturday, 13 June, 3 - 5 pm. Handicap tournament for youths ages 10 - 17. The winner gets his name on the banner posted in the bowling center.

• No Tap Tournament Sunday, 21 June, 11:30 am - 3 pm.

### **SNACK BAR**

Have you tried dining at our new Snack Bar? Come in and try our deep pan pizzas and our signature "Lumpia". We have many other choices on our menu to satisfy your taste buds. We pledge to provide you the best service that you expect and deserve at the Zama Bowling Center and Snack Bar.

### **LUNCHES**

### **MONDAY**

- 1 Chicken Cutlet w/Rice and Cabbage
- 8 Loco Moco
- 15 Beef Bulgoki
- 22 Pork Bowl w/Miso Soup
- 29 Cold Noodles w/Garnish

### **TUESDAY**

- 2 BBQ Pork Ribs w/Rice or Mashed Potato
- 9 Green Curry w/Rice
- 16 Chicken Sauteed w/Hot Basil Sauce and Steam Rice
- 23 Sweet and Sour Pork w/Rice and Corn Niblets
- 30 Beef Broccoli w/Rice

### **WEDNESDAY**

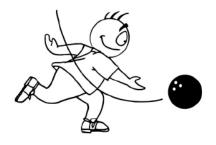
- 3 Chicken Apritada w/Rice
- 10 Menudo w/Rice

### **LUNCHES**

- 17 Shrimps Sinigang
- 24 Pansit Bihon w/Adobo Rice and Turon

### **THURSDAY**

- 4 Shrimp Scampi w/Tossed Greens and Garlic Bread
- 11 Lasagna w/Tossed Greens and Garlic Bread
- 18 Spaghetti w/Meat Sauce, Tossed Greens and Garlic Bread
- 25 Spaghetti Pescatore w/Tossed Greens and Garlic Bread



### ■ Sagami Lounge • 268-4954/4847 • Orders: 268-4142

### **LUNCHES**

### **MONDAY**

- 1 Chicken Taco Rice
- 8 Chicken Saute w/Garlic Sauce
- 15 Hamburger Steak w/Onion Gravy
- 22 Limited Menu
- 29 Limited Menu

### **TUESDAY**

- 2 Cheeseburger
- 9 Yakisoba, Fried Rice and Karage
- 16 Steamed Chicken
- 23 Limited Menu
- 30 Fried Chicken

### **WEDNESDAY**

- 3 Lasagna w/Garlic Bread
- 10 Pork Cutlet Parmesan
- 17 Spaghetti w/Meatsauce Casserole
- 24 Limited Menu

### **LUNCHES**

### **THURSDAY** (All-U-Can Eat)

- 4 American Buffet
- 11 Mexican Buffet
- 18 Oriental Buffet
- 25 Limited Menu

#### **FRIDAY**

- 5 Curry Rice w/Fried Shrimp
- 12 Seafood Platter
- 19 Bean and Cheese Enchiladas
- 26 Limited Menu

### **DINNER SPECIALS**

# **TUESDAY NIGHT** (LIMITED MENU/DINNER SPECIAL - \$7.95)

- 2 Mexican Dinner Special
- 9 BBQ Dinner Special
- 16 Pizza and Pasta Dinner Special
- 23 Kitchen Closed
- 30 Regular Menu

### **DINNER SPECIALS**

### WEDNESDAY NIGHT

Family night movies for adults and youths 3, 10, 17 and 24 June regular dinner menu; choose your discount

### **THURSDAY NIGHT**

### (CHEF'S SPECIAL DINNER)

- 4 French Dinner \$20
- 11 Chinese Dinner \$20
- 18 Prime Rib Dinner \$20
- 25 Kitchen Closed

### **FRIDAY NIGHT**

### (MONGOLIAN BB9)

Fridays, 5 and 19 June, enjoy the best Mongolian BBQ in town!!! Also, on 12 June we offer the regular dinner menu.

### **ATTENTION**

We are closed for dinner 22 - 27 June, due to construction.

# Sports, Fitness and Aquatics 263-3954 / 4664

ge Policy for Swimming Pool.

Children 12 years of age and below are not permitted in the pool unless accompanied by and under the direct supervision of a parent or adult quardian. Children 13 and older have access to the pools without parental supervision. Exception: children participating in special programs organized and conducted by Aquatics, CYS, the schools, or other authorized youth organizations may participate under designated

adult supervision.

# ATTENTION POTENTIAL CONTRACTORS

The Yano Fitness Center is seeking interested applicants in the following areas:

Massage therapist, aerobics, martial arts, fitness trainers, Zumba, Tai Chi, yoga and other group exercises. For more information, call 263-3954/4042.

### TAI CHI

Tai Chi (Chinese breathing exercise) and Kung Fu fitness (every Monday at 6:45 pm).

One session: \$6 4 sessions: \$20

### **TANNING BOOTH**

The Yano Fitness Center has two tanning booths. Hours:

Monday - Friday: 6:20 am - 6:25 pm Weekends:

10:05 am - 5:35 pm Purchase a one session card for \$2.50, ten sessions for \$20, or twenty sessions for \$35 (you must be at least age 18).

### **MASSAGE**

• Aqua Massage

The Yano Fitness Center offers "Aqua Massage", \$5 for 15 minutes. You must be 18 years old.

• Shizuka's Massage Therapy

"Massage with Shizuka" is now being offered at the Yano Fitness Center by appointment only. Days offered are Mondays, Wednesdays, Fridays, and Saturdays. First appointment is 10:30 am and the last appointment is 4 pm. Call the front desk at 263-4664 for additional information. The cost is \$50 for 60 minutes, \$40 for 45 minutes or \$30 for 30 minutes. Payment must be made when making an appointment (you must be at least age 21). For more information, call 263-4664/3954.





# • Yukari's Soft-Chiropractic Massage

Japanese "Physiotherapy with Yukari" is available on Fridays, 5:30 - 9 pm (first appointment at 5:30 pm and the last appointment at 7:15 pm), and on Sundays, 11 am - 6 pm (first appointment at 11 am and the last appointment at 5 pm). Call the front desk at 263-4664 for additional information. The cost is \$50 for 60 minutes, \$40 for 45 minutes or \$30 for 30 minutes. Payment must be made when making an appointment (you must be at least age 21).

### • Brian's Massage

Tuesdays: 6:30 am - 9 pm Wednesdays: 5:30 - 9 pm Thursdays: 6:30 am - 4:30 pm

#### Cost:

Swedish Massage:

30 minutes: \$25 60 minutes: \$45

Sports Massage:

60 minutes: \$60

90 minutes: \$85

Deep Tissue Massage:

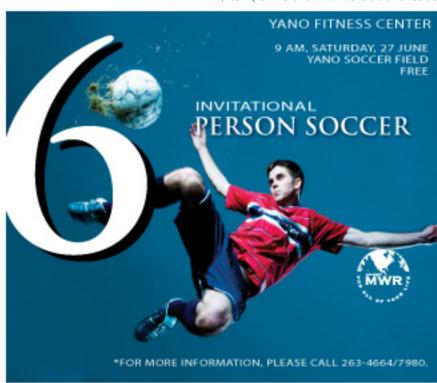
60 minutes: \$60

90 minutes: \$85

NOTICE: The massage gift certificate is good for 90 days from the day of purchase. If you have a gift certificate and you are not sure of the expiration date, please contact the front desk at 263-4664.

#### **SOLARIUM RESERVATIONS**

If you are considering a party in the solarium, please submit a "Solarium Reservation Request" form to the front desk at the Yano Fitness Center (forms are available at the issue





### ■ Sports, Fitness and Aquatics • 263-3954 / 4664

counter). Forms can be also emailed to you upon request.

### **AQUATICS**

• SHA Outdoor Pool Hours

23 May - 7 June: Weekends only 11 am - 6 pm 10 June - 7 September: Wednesday - Sunday 11 am - 6 pm Monday and Tuesday: Closed After 10 June, call 267-6122

• Water Aerobics Days and Hours Water Aerobics Classes: 9 - 10 am Mondays, Wednesdays and

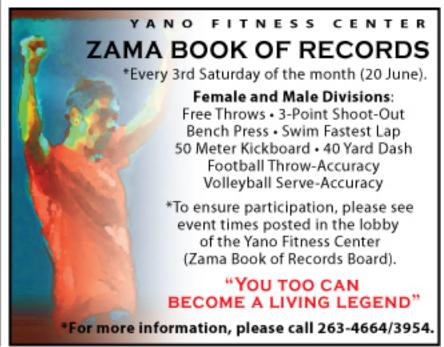
Fridays

Aqua Jogger Class: 6 - 7 pm Tuesdays and Thursdays See flyer for specific details and cost.

### TRAINING RESERVATIONS (SWIMMING POOL)

If you are considering utilizing the Yano pool for unit PT, water survival training, or any other structured training program, submit a "Pool Training Reservation Request" to the

front desk at the Yano Fitness Center. For reservations, submit the reservation request no less than six weeks in advance. Forms can be e-mailed upon request. Need ideas for PT Training? Do you need an instructor? We can help! Types of training we support: Water Survival Training, Water Aerobics, Aqua Jogger, APFT Swim Test and Swimming Technique.







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MUCH MORE!

### ■ Community Cultural Center • 263-3939/5712/8892

#### **CLASSES**

- Ballroom Dance
- \* Beginner's Class (four classes per month, ¥3,000).

Thursday:

5:15 - 6:10 pm

\* Basic Class (four classes per month, \( \frac{4}{4},500 \):

Tuesday: 5:15 - 6:10 pm

The class is designed for students who have completed the beginners class, or students who have been attending the beginners class, or people who have experience and/or good physical ability for dancing.

\* Intermediate Class (four classes per month, ¥6,000):

Tuesday: 6:20 - 7:15 pm The class is designed for students who have completed the basic class, or students who have been attending the basic class, or people who have more than a few years of experience, skills and abilities for ballroom dancing.

• **Piano Lesson** (four classes a month, ¥7,000).

Monday - Friday.

• **Violin Lesson** (four classes a month, ¥7,000).

Tuesday or Thursday.

Koto Lesson

Tuesday (four classes a month).
Adult: ¥8,000, Youth: ¥7,000

- Jazz, Ballet and Lyrical Dance Monday
- \* Ballet I (ages 5 6): \$60 4 - 5 pm.
- \* Ballet II (ages 7 9): \$60 5:15 - 6:15 pm.
- \* Ballet III (ages 10 over): \$60 6:30 7:30 pm.
- \* Ballet IV / Advanced (age 12 over) \$60. Tuesday, 5:45 - 6:45 pm.
- \* Pointe / Advanced (age 12 over) \$15. Tuesday, 6:45 - 7:45 pm.
- Creative Movement / Pre-Ballet (ages 3 4): \$45

Tuesday, 4 - 4:30 pm or 5 - 5:30 pm.

- Iaz
- \* Introduction to Jazz (ages 6 9): \$60

Wednesday, 4 - 5 pm.

\* Jazz Technique (ages 10 over or by

### **ATTENTION**

The Music and Theater Workshop will be closed until the end of July 2009 due to renovation.

audition): \$60

Wednesday, 5:15 - 6:15 pm.

- Lyrical (Advanced)
- Taekwondo Class

Monday and Thursday, 5:30 - 8:30 pm.

### **COMING SOON**

ATA certified taekwondo program, Tuesday and Friday, 5:30 - 8:30 pm.

If you are interested in teaching a class,





ama Arts and Crafts Center is seeking interested instructors in the following areas: acrylic paint, tole paint, washi-paper craft, digital photography, pottery, balloon art and sawing.

### ■ Arts and Crafts • 263-4412

### **CLASSES**

• Wood Shop Orientation for DA 3031.

Saturdays: 10 am, no fee.

• Frame Shop Orientation
2nd and 4th Thursday, 6 pm,
\$10 a class; supplies are not included.

Advance and refresher classes are conducted upon request, \$10 a class, supplies are not included.

• Scrap Book Classes

Thursdays at 2 pm. Cost is \$15 for a class. Supplies are included. Bring a few of your own photos.

• Water Color Painting Classes Wednesday, 6 pm, \$15 for a class.

• Washi Paper Craft Workshop Fee is \$10; supplies are available at the sales store (by appointment only).

• Tole Painting Class "American Folk Art"

Thursdays, 3 pm, \$15 for a class.

• *Ikebana* (fresh flower arrangement class)

1st, 2nd and 3rd Thursday, 2 pm, \$20 for a class, plus ¥1,000 (flower fee).

- *Shodo* (Japanese calligraphy class), Thursdays, 3 pm, \$10 for a class; includes all supplies.
- Pottery Classes
- \* Wednesday class: 4 6 pm, \$20 for a class, supplies are included.
- \* Thursday class: 1st and 3rd Thursday, 6 8 pm, \$20 for a class, supplies are included.
- \* First Saturday of the month, 10 am noon, \$20 for a class, supplies are included.
- \* Etsuke class (drawing for pottery) is also available, 5 6 pm, \$10 a

**NOTE:** All classes require advance registration. Schedules are subject to change.





### ■ Auto Craft Shop • 263-3615



### **HOURS OF OPERATION:**

Monday and Tuesday: CLOSED Wednesday - Friday: 1 - 9 pm Saturday and Sunday: 10 am - 6 pm

#### PLEASE NOTE:

- Wednesday Saturday clean up starts a half hour before closing.
- Sunday clean up starts one hour before closing.

#### SAFETY ORIENTATION

DA-3031-1 Qualifications Card to use the auto craft shop is issued after a safety orientation given every day 15 minutes after opening and whenever time is available. This briefing is required before facility use and takes about 45 minutes.

#### **SERVICES**

• Used Vehicle Courtesy Inspection We offer a 20-point courtesy inspection for Soldiers and eligible personnel who are considering the purchase or resale of a used vehicle. The purpose of this inspection is to help assess the condition of the vehicle before buying or selling. We do not make recommendations or give guarantees. Inspections are done by appointments only.

# • Towing Service and Roadside Assistance

We offer a towing service and roadside assistance Wednesday through Sunday during regular Auto Craft Shop hours of operation.

### **CAR WASH**

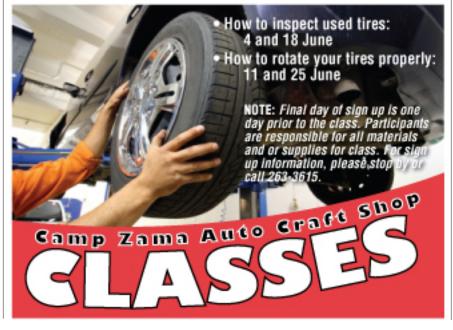
The Sagamihara Housing Area car

wash is closed indefinitely due to damage. The Zama car wash can be accessed:

Monday - Tuesday: 8 am - 4:30 pm, Wednesday - Friday: 8 am - 8:30 pm Saturday - Sunday: 9 am - 5:45 pm.

• Prepaid Cards for the Car Wash The prepaid cards for the car wash machines located at Camp Zama are sold at the Auto Craft Shop. The cost for one card is ¥3,000, but you get on extra ¥500 worth of credit! It's





# eservation

Policy.

The following payment shall be required upon making reservations:

- Day trips: Full fee.
- Overnight trips: \$100 per person. The remaining balance shall be paid 10 days prior to the tour start date.

# ■ Outdoor Recreation and Local Tours • 263-4671

### THIS MONTH'S TOURS AND **EVENTS**

- Yokohama Port Opening Monday, 1 June, 9 am - 4 pm
- Cherry Picking

Saturday, 6 June, 6 am - 8 pm

• Iris Festival and Twelve Bridge

Sunday, 7 June, 6:30 am - 6:30 pm

• Children's Castle and Shibuya, Harajuku Free Time

Sunday, 7 June, 8:30 am - 4:30 pm

Kamikochi Hiking

Saturday, 13 June, 4 am - 7:30 pm

• Railway Museum

Sunday, 14 June, 8 am - 6 pm

• Diving with Sunfish

Saturday, 20 June, 5:30 am - 6 pm

- Gunma Factory Tour Saturday, 20 June, 6 am - 8 pm
- Fuji Area Excursion Sunday, 21 June, 7 am - 6:30 pm
- Surfing Class for Beginners Saturday, 27 June, 7:30 am - 3:30
- Hakone Yunessan Saturday, 27 June, 7:30 am - 5:30
- Deep Sea Fishing (Mahi Mahi) Sunday, 28 June, 4 am - 3:30 pm



BOSS meets every other Tuesday at 4 pm in the Community Cultural Center (everyone is welcome to attend).

••• POC: SPC Edward Webb 263-4956 •••

# ■ Community Libraries • 263-3517 http://www.usarj.army.mil/information/zama/mwr/library/index.htm

### **NEW MCNAUGHTON BOOKS**

- Act Like a Lady, Think Like a Man by Harvey, Steve (Best Seller)
- Heart and Soul by Binchy, Maeve (Best Seller).
- How We Decide by Lehrer, Jonah (Best Seller).
- Inaugural Address 2009 by Obama, Barack (Best Seller).
- Next 100 Years by Friedman, George (Best Seller).
- Obama: The Historic Journey by Abramson, Jill (Best Seller).
- Women by Boyle, T. Coraghessan

(Best Seller).

- Among the Mad by Winspear, Jacgueline.
- Dog on it by Quinn, Spencr.
- Fool by Moore, Christopher.
- Still Alice by Genova, Lisa.
- True Colors by Hannah, Kristin.

### **NEW DVDS**

• Rent	Fiction
• Deep Winter	Fiction
Brideshead	Fiction
• Listen Up (The Lives of	Quincy
Iones) Non	Fiction

• Patti Smith Dream of Life...

...... Non Fiction • The Secret Life of Bees ..... Fiction

### **NEW VIDEO GAMES**

- High School Musical 3 Dance!
- .....(Wii) • Super Mario Galaxy .....(Wii)
- Assassin's Creed ......(XBOX360)
- Fifa Soccer 09 .....(XBOX360)

### **ON-LINE CATALOG**

Search our collection from home or work at: http://yoko.sirsidynix.net. au/uhtbin/webzama.



### ■ Chapel Activities • 263-4898

### **CATHOLIC SERVICES**

Mondays - Fridays, noon, daily Mass, Blessed Sacrament, Chapel Sundays, 9:15 am, Mass, Zama Chapel.

4th Monday, 7 pm, MCCW Meeting, Zama Chapel.

### **PROTESTANT SERVICES**

**Sundays**, 11 am, Worship Service, Zama Chapel.

Sundays, 11 am, Children's Church.

**Sundays**, 6:30 - 7:30 pm, Youth Group (7 - 12 grades).

(A nursery is provided for children up to 36 months at Zama CDC, Bldg 502, during the time of Sunday services only).

### SAGAMIHARA INSPIRA-TIONAL SERVICES

**Sundays**, 9 am, Sunday School, Sagamihara Chapel.

*Sundays*, 10:30 am, Worship Service, Sagamihara Chapel.

Wednesdays, 6:30 pm, Bible Study (men, women and youths), Sagamihara Chapel.

(Children's church and nursery services are provided for children up to kindergarten at the Sagamihara Chapel during the time of Sunday services; youth church for 1st grade through 6th grade during Sunday service).

# PENTECOSTAL WORSHIP SERVICE

**Sundays**, 8 am, Worship service, Sagamihara Chapel.

**Sundays**, 9 am, Children's Church, Sagamihara Chapel.

Tuesdays, 6:30 pm, Bible Study, Sagamihara Chapel.

# SEVENTH DAY ADVENTIST SERVICES

**1st and 3rd Saturdays,** Joint Service, Eastside Chapel at Yokota AB.

10 am, Sabbath School 11 am, Divine Worship Contact Tom Johnson at 263-3275 or tom.johnson3@zama.army.mil

### **JEWISH SERVICES**

For information about Jewish services, events, and activities, please contact Donald Benjamin, the Camp Zama Jewish Lay Leader, at DSN 263-3692 or write to donald.n.benjamin@gmail.com.

### **BUDDHIST SERVICES**

(Soka Gakkai International - U.S.) *Mondays and Fridays*, 7 pm, discussion, Sagamihara Chapel. Contact Mr. or Mrs. Fulford at 046-257-0613 or at forris@forrisfulford.com.

# THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS (LDS)

**Sundays**, 9 am - noon, Sunday Service, LDS Chapel located on Route 40, 5 - 10 minutes outside Atsugi Base (East Gate).

*Tuesdays*, 7 pm, Tuesday Night Youth Activity, Sagamihara Chapel. Call Richard Smith, 046-234-9490, or Travis Sommer, 267-6534.

### **CHURCH OF CHRIST**

*Sundays*, 9:45 am, Sagamihara Family Housing Area, 301D. For more information, call 267-6529

For more information, call 267-652 or e-mail slmerrell@yahoo.com

### **ONGOING BIBLE STUDIES**

Tuesdays, 11:45 am - 12:45 pm, Community Lunch Bible Study (lunch is provided). Evangelical Ethics is the first book study. Topics to be covered include: abortion, environmental ethics, euthanasia, and other cultural issues. POC is Chris Wallace at chris.w.wallace@us.army.mil.

Wednesdays, 6:30 - 7:30 pm, Adult and Youth Bible Study, Sagamihara Chapel, Pastor Haywood at 263-5624.

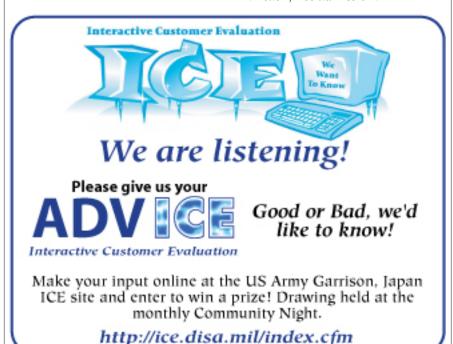
**Thursdays**, 9:30 am, PWOC (Protestant Women of the Chapel) Bible Study, Beth Alexander at 267-6155.

*Thursdays*, 11:30 am, Men's Bible Study, CZCC Roberto's, CH Sears at 268-4534 or 267-6086.

Thursdays, 6 - 8 pm, PWOC Bible Study, Zama Chapel, Beth Alexander at 267-6155.desire more information, please call the chapel at 263-4898.

# CHAPEL ACTIVITIES IN JUNE

Monday, 1 June, 7 pm, Penn State University "The Essence of Joy" Gospel Chior Concert, Camp Zama Community Cultural Center, Choir directed by Dr. Leach, free admission.



# ■ Directory of DMWR Facilities & Additional Activities

DIRECTORATE OF MORALE, WI		■ SAGAMI LOUNGE	268-4954	Mon-Fri	0800-1700
RECREATION	263-7611/3690	Take Out	268-4142	Family Child Care	263-4743
		Lunch (Mon-Fri)	1100-1300	6	263-4125
Army Community Servi	ices Branch	Dinner (Tue-Sat)	1700-2000	Sagamihara CDC Mon-Fri	<b>267-6564</b> 0530-1800
A	263-4357	Lounge/Game Room		Zama CDC	263-4992
■ Army Community Services Mon, Tue, Thu, Fri 0		Tue-Thu	1100-2200	Mon-Fri	0530-1800
	730-1500	Fri	1100-2400	■ YOUTH SERVICES	
		Sat Open during lunch	1630-2300	Zama Youth Center	263-4500
ZAMA Golf C	lub	Open during lunch		Mon-Thu	1430-2000
■ DIRECTOR OF GOLF	263-3694	Recreation D	Division	Fri Sat	1430-2200 1200-2200
ADMINISTRATIVE OFFICE		Recreation	PIVISIOII	Sun	1200-2200
	263-4966	■ CHIEF RECREATION O	FFICE 263-3479	School Age Services (S	
(All the following golf activities	es are open during	■ ADMINISTRATIVE OFF		Mon-Fri	0630-1800
lunch).	262.4077	■ ARTS & CRAFTS CENT		Youth Sports	263-5437
Course/Starter	263-4975 700-1700	Mon-Tue Wed-Thu	Closed 1300-2100	Mon-Sat Open during lunch	0900-1800
Mon-Fri 0° Weekends & US / Japa		Sat & Sun	1000-1800	Open during functi	
	600-1700	■ AUTO CRAFTS SHOP	263-3615	School Liaison Office	263-3241
Restaurant	263-7665	Mon-Tue	Closed		
Mon, Tue, Thu, Fri 00		Wed-Fri	1300-2100	Zama Lod	ging
	630-1900	Sat-Sun	1000-1800	■ ADMINISTRATIVE OFFI	CE 263-3293
Weekends & US / Japa	530-1900	■ COMMUNITY CULTURA Mon-Fri	AL CTR 263-3939 0800-2100	Reservation Desk	
Pro Shop	263-5284	Sat, Sun & Hol	Closed	263-2775	
	645-1700	Open during lunch		Front Desk	263-3830
Weekends & US / Japa	nese Holidays	■ INTERNATIONAL TOUL	RS 263-5273	Open 24 hours/7 days a	week
	545-1700	Mon-Fri	1000-1800	USAG-J Okinav	wa MWR
Driving Range (Unattende		Open during lunch  LIBRARY		COAC , China	, u 117711
	unrise-2200 unrise-1930	Zama	263-3517	■ MWR OFFICE	644-5396
	600-2200	Mon-Thu	1000-2030	ADMINISTRATIVE OFFI	
		Fri- Sun	1000-1800	ARMY COMMUNITY SE	644-4110
Chip Inn & Snack Stand		Open during lunch		Relocation Coordinator	644-4385
	800-1600 700-1500	U.S. Holidays <b>Sagamihara</b>	Closed <b>267-6603</b>	Mob-Dep/IVC	644-4116
Weekends & Hol. O	700-1300	Tue-Thu	1000-1900	Financial Readiness/AER	
Business Divis	sion	Fri-Sat	0900-1800	Family Advocacy Program	
		Sun, Mon & Hol	Closed	Victim Advocate/SARC AFTB/AFAP Program	644-4908 644-4743
■ ADMINISTRATIVE OFFICE	E 263-7935	Closed for lunch	1400-1500	EFMP Program	644-4106
DOWN INC CENTED 74MA	1 262 4790	OUTDOOR RECREATIO	N 263-4671 Closed	ACS FAX	644-5918
■ BOWLING CENTER ZAMA		US Holidays	Closea		
Mon Wed Sat Sun I	100.3300	Vehicle/Fauinment Rev		School Liaison Office	644-4703
Mon-Wed, Sat-Sun 1.		Vehicle/Equipment Res	ntal & Local Tours	■ ARTS & CRAFT CENTE	R 644-4303
Thu & Fri 1	100-2200 100-2230 Closed	<b>Vehicle/Equipment Re</b> Mon-Fri Sat-Sun		■ ARTS & CRAFT CENTE	R 644-4303 644-4706
Thu & Fri 1: Holidays C ■ BOWLING CENTER DEPOT	100-2230 Closed C <b>268-4954/4606</b>	Mon-Fri Sat-Sun Open during lunch	ntal & Local Tours 0900-1730 0800-1600	■ ARTS & CRAFT CENTE.  Lobby ■ AUTO CENTER	R 644-4303 644-4706 644-5612
Thu & Fri 1: Holidays C BOWLING CENTER DEPOT Tue - Sat 1:	100-2230 closed f <b>268-4954/4606</b> 100-2000	Mon-Fri Sat-Sun Open during lunch <b>Animal Boarding Ken</b> n	ntal & Local Tours 0900-1730 0800-1600 nels 263-5915	■ ARTS & CRAFT CENTE Lobby ■ AUTO CENTER ■ CORAL COVE COMMUN	R 644-4303 644-4706 644-5612 NITY CLUB
Thu & Fri 1: Holidays C ■ BOWLING CENTER DEPOT Tue - Sat 1: Sun - Mon C	100-2230 Closed F <b>268-4954/4606</b> 100-2000 Closed	Mon-Fri Sat-Sun Open during lunch <b>Animal Boarding Kenn</b> Mon-Fri	ntal & Local Tours 0900-1730 0800-1600 nels 263-5915 1000-1700	■ ARTS & CRAFT CENTE.  Lobby ■ AUTO CENTER	R 644-4303 644-4706 644-5612
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Thu & Fri 1: Holidays C ■ BOWLING CENTER DEPOT Tue - Sat 1: Sun - Mon C	100-2230 Closed f <b>268-4954/4606</b> 100-2000 Closed	Mon-Fri Sat-Sun Open during lunch <b>Animal Boarding Kenn</b> Mon-Fri	ntal & Local Tours 0900-1730 0800-1600 nels 263-5915 1000-1700 1000-1600 1230-1330	■ ARTS & CRAFT CENTE: Lobby ■ AUTO CENTER ■ CORAL COVE COMMUN Business Manager Lounge Cashier Cage ■ LIBRARY	R 644-4303 644-4706 644-5612 NITY CLUB 644-4256 644-4306 644-4426 644-4468
Thu & Fri 1: Holidays C  BOWLING CENTER DEPOT Tue - Sat 1: Sun - Mon C  ZAMA COMMUNITY CLUB ADMINISTRATIVE OFFICE Lunch Tue-Fri 10	100-2230 closed f 268-4954/4606 100-2000 closed 3 E 263-4133	Mon-Fri Sat-Sun Open during lunch <b>Animal Boarding Kenn</b> Mon-Fri Sat-Sun Closed for lunch <b>Hardy Barracks Lodgin</b> Kure <b>Lodgin</b>	ntal & Local Tours 0900-1730 0800-1600 nels 263-5915 1000-1700 1000-1600 1230-1330 ng 229-3270 256-2580	■ ARTS & CRAFT CENTE: Lobby ■ AUTO CENTER ■ CORAL COVE COMMUN Business Manager Lounge Cashier Cage ■ LIBRARY Staff Room	R 644-4303 644-4706 644-5612 NITY CLUB 644-4256 644-4306 644-4426
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Thu & Fri Holidays C  BOWLING CENTER DEPOT  Tue - Sat 1: Sun - Mon C  ZAMA COMMUNITY CLUB ADMINISTRATIVE OFFICE Lunch  Tue-Fri 10 Sunday Brunch 10 Cashier	100-2230 closed F 268-4954/4606 100-2000 closed B E 263-4133 045-1315 000-1330 263-4547	Mon-Fri Sat-Sun Open during lunch Animal Boarding Kenn Mon-Fri Sat-Sun Closed for lunch Hardy Barracks Lodgin Kure Lodging ■ POOLS YANO	ntal & Local Tours 0900-1730 0800-1600 lels 263-5915 1000-1700 1000-1600 1230-1330 ag 229-3270 256-2580 263-5656 263-5037	■ ARTS & CRAFT CENTE: Lobby ■ AUTO CENTER ■ CORAL COVE COMMUN Business Manager Lounge Cashier Cage ■ LIBRARY Staff Room ■ MARKETING Commercial Sponsorship Graphic/Illustration	R 644-4303 644-4706 644-5612 NITY CLUB 644-4256 644-4306 644-4426 644-4468 644-5335
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Thu & Fri Holidays C  BOWLING CENTER DEPOT Tue - Sat 1. Sun - Mon C  ZAMA COMMUNITY CLUB ADMINISTRATIVE OFFICE Lunch Tue-Fri 16 Sunday Brunch 16 Cashier Sun-Thu 16 Fri 16 Sat 16 Catering Tue, Thu & Fri 09	100-2230 closed 17 268-4954/4606 100-2000 closed 3 E 263-4133 045-1315 000-1330 263-4547 000-2300 000-0230 000-0200	Mon-Fri Sat-Sun Open during lunch Animal Boarding Kenn Mon-Fri Sat-Sun Closed for lunch Hardy Barracks Lodgin Kure Lodging ■ POOLS YANO Mon-Fri Sat-Sun, Holidays SHA (Summer) Wed - Sat Sun	ntal & Local Tours 0900-1730 0800-1600  lels 263-5915 1000-1700 1000-1600 1230-1330 ag 229-3270 256-2580 263-5656 263-5037 0600-1900 1000-1800 263-5656/267-6122 1030-1800 1200-1800	■ ARTS & CRAFT CENTE: Lobby ■ AUTO CENTER ■ CORAL COVE COMMUNATION Business Manager Lounge Cashier Cage ■ LIBRARY Staff Room ■ MARKETING Commercial Sponsorship Graphic/Illustration ■ SPORTS / FITNESS Sports / Fitness	R 644-4303 644-4706 644-5612 NITY CLUB 644-4256 644-4306 644-4426 644-4426 644-4385 644-4665 644-4334 644-4389
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Thu & Fri Holidays C  BOWLING CENTER DEPOT  Tue - Sat 1: Sun - Mon C  ZAMA COMMUNITY CLUB  ADMINISTRATIVE OFFICE  Lunch  Tue-Fri 10 Sunday Brunch 10  Cashier  Sun-Thu 10 Fri 10 Sat 10 Catering  Tue, Thu & Fri 09 Wed (Appts Only) Café Roberto	100-2230 closed f 268-4954/4606 100-2000 closed BE 263-4133 045-1315 000-1330 263-4547 000-2300 000-0230 000-0230 000-0200 263-4204	Mon-Fri Sat-Sun Open during lunch Animal Boarding Kenn Mon-Fri Sat-Sun Closed for lunch Hardy Barracks Lodgin Kure Lodging ■ POOLS YANO Mon-Fri Sat-Sun, Holidays SHA (Summer) Wed - Sat Sun	ntal & Local Tours 0900-1730 0800-1600  nels 263-5915 1000-1700 1000-1600 1230-1330 ng 229-3270 256-2580 263-5656 263-5037 0600-1900 1000-1800 263-5656/267-6122 1030-1800 Closed	■ ARTS & CRAFT CENTE: Lobby ■ AUTO CENTER ■ CORAL COVE COMMUNG Business Manager Lounge Cashier Cage ■ LIBRARY Staff Room ■ MARKETING Commercial Sponsorship Graphic/Illustration ■ SPORTS / FITNESS Sports / Fitness Aquatics ■ OUTDOOR RECREATIO Scuba Locker Retail Sales Equipment Issue	R 644-4303 644-4706 644-5612 NITY CLUB 644-4256 644-4306 644-4426 644-4426 644-4335 0644-4495 644-4334 644-4389 N 644-4795 644-4290 644-4203
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Thu & Fri Holidays C  BOWLING CENTER DEPOT Tue - Sat 1. Sun - Mon C  ZAMA COMMUNITY CLUB  ADMINISTRATIVE OFFICE Lunch Tue-Fri 16 Sunday Brunch 16 Cashier Sun-Thu 16 Fri 16 Sat 16 Catering Tue, Thu & Fri 06 Wed (Appts Only) Café Roberto Sun, Tue & Wed 11 Thu 11 Fri & Sat 1	100-2230 lased f 268-4954/4606 100-2000 closed B E 263-4133  045-1315 000-1330 263-4547  000-2300 000-0230 000-0230 100-2300 100-2300 100-2300 100-2300	Mon-Fri Sat-Sun Open during lunch Animal Boarding Kenn Mon-Fri Sat-Sun Closed for lunch Hardy Barracks Lodgin Kure Lodging ■ POOLS YANO Mon-Fri Sat-Sun, Holidays SHA (Summer) Wed - Sat Sun Mon, Tue DEPOT (Closed) ■ SPORTS/FITNESS CENT Zama Mon-Fri	ntal & Local Tours 0900-1730 0800-1600  nels 263-5915 1000-1700 1000-1600 1230-1330 ng 229-3270 256-2580 263-5656 263-5037 0600-1900 1000-1800 263-5656/267-6122 1030-1800 Closed  TER 263-4664 263-3954 0530-2100	■ ARTS & CRAFT CENTE: Lobby ■ AUTO CENTER ■ CORAL COVE COMMUNG Business Manager Lounge Cashier Cage ■ LIBRARY Staff Room ■ MARKETING Commercial Sponsorship Graphic/Illustration ■ SPORTS / FITNESS Sports / Fitness Aquatics ■ OUTDOOR RECREATIO Scuba Locker Retail Sales Equipment Issue	R 644-4303 644-4706 644-5612 NITY CLUB 644-4256 644-4306 644-4426 644-4426 644-4335 0644-4495 644-4334 644-4389 N 644-4795 644-4290 644-4203
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# ONE DAY INDIVIDUAL STROKE PLAY

Saturday, 11 July, Zama Golf, 0730 back 9 Shotgun Start

- Open to the first 72 players to sign-up
- Current USGA Handicaps are required, (Handicaps as of 1 June, 2009 will be used)
- The field will be divided into flights of 12 based on USGA handicap index
  - Gift certificates will be awarded to the top 4 net finishers in each flight
    - Entry fee \$20 (Does not include carts or lunch)
    - Deadline for application is Tuesday, 7 July, 1700 hours
      - Payout as follows:

1st \$100, 2nd \$75, 3rd \$40, 4th \$25

Payout may vary based on size of field

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DIRECTOR OF GOLF AT 263-3694
EMAIL AT DALE JORGENSON@ZAMA.ARMY.MIL



